

Telemedicine  
Services



***Connect with Care  
Anytime, Anywhere***

**univera**  
HEALTHCARE  
an excellus company

# With Telemedicine, Care Is Always Close By

Anytime, anywhere access to medical and behavioral health care has its perks. Like the peace of mind it gives employees, knowing that if their child spikes a fever on a Sunday, they get sick on a trip, or their kid gets homesick at college, care is minutes away.

Through our partnership with MDLIVE, employees and their eligible family members can phone or video chat with a licensed doctor, psychiatrist, or therapist 24/7/365 via smartphone, tablet, or computer.

And you can help your business and employees save money and stay productive. Who wouldn't want all that?

## Save the Emergency Room for Emergencies

Using telemedicine for non-life-threatening conditions helps free up life-saving resources and lowers costs for everyone.



**\$1,917**

average cost of an emergency room visit (as of 2016)<sup>1</sup>



**\$40.00**

flat-rate cost of a medical telemedicine visit



**\$6 Billion**

amount telemedicine can potentially save U.S. employers each year<sup>2</sup>

<sup>1</sup> CNN Money, "\$12,000 for a bee sting? Emergency room visits get even pricier."

<sup>2</sup> Willis Towers Watson, "Current Telemedicine Technology Could Mean Big Savings."

# A Convenient Alternative to the Waiting Room

The last thing anyone stuffy, sneezy, and feverish wants to do is drive to the doctor and sit in a waiting room. Being able to consult a doctor from the comfort of one's own home, desk, or hotel room helps ease the discomfort of being ill. Of course, telemedicine is a more convenient care option for way more than just the flu.

**Here are some of the common conditions and ailments treated through telemedicine:**

## Adults

- Allergies
- Cold and Flu
- Ear Infections
- Headache
- Joint Aches and Pains
- Nausea and Vomiting
- Pink Eye
- Rashes
- Sinus Infections
- Sunburn
- Urinary Tract Infections\*

## Children

- Cold and Flu
- Constipation
- Earache\*
- Fever\*
- Nausea and Vomiting
- Pink Eye

# Behavioral Health Care

## Support for Employees When and Where They Need It

All too often, those needing behavioral health care don't seek treatment out of concern for cost, access, and confidentiality. Behavioral health telemedicine helps overcome those barriers and allows your employees to receive the treatment they need from the comfort and privacy of their own home.

Your team can meet with licensed psychiatrists and therapists over a call or video chat to discuss a wide range of conditions, including:

- Addiction
- Bipolar Disorders
- Depression
- Eating Disorders
- Grief and Loss
- LGBTQ Support
- Life Changes
- Panic Disorders
- Postpartum Depression
- Relationship Issues
- Stress
- Trauma and PTSD

*There are even free assessments available, so employees can take the first steps toward getting the help they need without having to commit to an appointment.*

## A Better Solution

**25%**

of Americans have an untreated behavioral condition.<sup>3</sup>

**2 out of 3**

people with a diagnosable mental illness don't seek treatment.<sup>3</sup>

**\$44 Billion**

annual cost of lost productivity due to depression alone.<sup>3</sup>

**50%**

of counties in the U.S. have no mental health professionals.<sup>3</sup>

\* MDLIVE does not provide support for urinary tract infections in males; does not provide support for earache conditions for children under 12 years old; does not provide support for fever-related conditions for children under 3 years old.

<sup>3</sup> Based on MDLIVE data, 2016.

# 5 Reasons Businesses Love Telemedicine

1

## Healthy employees are more productive

Employees sometimes find it difficult to get the care they need for minor illnesses, which impacts productivity and costs money.

2

## High Deductible Health Plans

Telemedicine offers more convenient access to a lower-cost alternative.

3

## Mobile and remote workers

Employees who work anywhere from a city to a continent away can quickly connect with health care wherever they go.

4

## Expanded health care reach

Telemedicine gives rural employees greater access to medical and behavioral health care.

5

## A win-win for you and your team

Besides lowering health care costs, telemedicine can help decrease missed time at work, increase productivity, and show current and prospective employees that you care.

Provide your employees with a more convenient, cost-effective way to access health care. Reach out to your Account Manager to learn more about telemedicine from Univera Healthcare.

[UniveraHealthcare.com](https://www.univerahealthcare.com)